



2010-2011 Short Course Season  
Release Form

---

---

**MEDICAL RELEASE**

Swimmer's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Parents' E-Mail Address: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

1. Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell/Work Phone: \_\_\_\_\_

2. Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell/Work Phone: \_\_\_\_\_

**Health Recommendations and Restrictions**

Dietary Concerns: \_\_\_\_\_ Special Medications: \_\_\_\_\_

Activity Restrictions: \_\_\_\_\_

Health History: \_\_\_\_\_ Ear Infections \_\_\_\_\_ Skin Infections \_\_\_\_\_ Asthma \_\_\_\_\_ Allergies (specify)

Other: \_\_\_\_\_

Chronic or Re-occurring illnesses: \_\_\_\_\_

Related Concerns: \_\_\_\_\_

**Parent Authorization**

I understand the stresses and risks associated with the sport of competitive swimming and attest that my child has no physical or medical conditions which might interfere with his/her participation. In the event that I cannot be reached in an EMERGENCY, I hereby give permission to the physician selected by the Hockomock Area YMCA to hospitalize, secure proper treatment for, and order anesthesia or life saving surgery for my child as named on the document.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**CONTACT AND PUBLICITY RELEASE**

As part of the Hockomock Area YMCA Swim Team, your child's photograph could be taken and used on our website or in the local newspapers. Also, the Swim Team publishes a swimmer directory that is distributed only to team members to be used for carpooling, play dates, etc. This directory lists the swimmer's name, birth date, address, phone number, and parent's e-mail address. Please list any restrictions to these two items below. (For example: "do not include address")

I give my permission to use my child's photo and to include my child in the Swim Team directory with the following exceptions (if any):  
(please list) \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_